

totally tart \$5.35

Lemon Zinger

lime juice, lemonade, lime sherbet, lemon sorbet

Lime Berry

lime juice, raspberry juice, lime sherbet, raspberries

on the lite side \$5.35

Cranberry Peach

cranberry juice, orange sherbet, strawberries, peaches

Lemon Berry

lemonade, strawberry juice, raspberry sherbet, strawberries

Melon Magic

strawberry juice, pineapple sherbet, mangos, watermelon

Simply Strawberry

strawberry juice, raspberry sherbet, strawberries

specialty smoothies \$5.75

Cookies & Crème

banana, milk, oreos, vanilla yogurt

Cool Beans

coffee, mocha mix, vanilla yogurt, topped with whipped cream, chocolate, and caramel

Goin' Bananas

banana, milk, pineapple sherbet, vanilla yogurt, blended with chocolate chips, walnuts, and oats

Peanut Butter Bliss

milk, peanut butter, chocolate syrup, vanilla yogurt

Maroon Berry

cranberry juice, raspberry sherbet, blueberries, pomegranate

Thin Mint Smoothie

milk, thin mint cookies, vanilla yogurt

Red Bull Reviver. \$5.98

Red Bull, mango sorbet, mangos

smoothie add-ons

Acai Berry	\$0.75
Chia Seeds	\$0.50
Flax	\$0.50
Hemp Seeds	\$0.89
Protein	\$0.60
Wheat Grass	\$2.00
Oats	\$0.50
Pomegranate	\$0.60

Bottled water	\$1.50
Coffee	\$2.00
Hot Tea	\$1.75
Fruit Teas	\$2.50
Iced Teas	\$2.25
Soda	\$2.25
Brownies	\$2.00
Cookies	\$1.26
Soup of the Day.	\$.4.40 up
Side Salad (Garden or Caesar)	\$3.69
Salads (Garden, Caesar, Cobb, Greek, Create)	\$.6.55 up

www.fruitions1.com



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540.389.5009

cometofruitions@gmail.com

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Fall Hours

Monday-Friday **10am-7pm**

Saturday **11am-6pm**

Seasonal

Cran-apple Chicken Wrap

Chicken, spinach, pumpkin seed, tomato, apples
Cucumbers, cranberries, raspberry dressing

Superfood Smoothies

Greenberry: spinach banana greek yogurt mangos strawberries

Kale Rocks: kale honey banana greek yogurt mangos pineapple

Acai Bowls

Acai berry, almond milk, banana, granola, strawberries



Our promise

Our goal is to provide you with food and drink that is both fresh and delicious. It is our pleasure to serve you, and we thank you for your patronage.

catering

Please order 24 hours in advance.

540.389.5009

*items may contain egg products

WRAPS \$5.96 - \$6.46

Bacon Egger*

Bacon, egg, cheddar

Pop-eye*

Egg, feta, tomato, spinach

Kick it up*

Egg, cheddar, mushroom, hot sauce

BBQ Beef

beef, BBQ sauce, roasted red peppers, tomato, horsey sauce, lettuce

Beef Bonanza

beef, mozzarella cheese, tomato, horsey sauce, lettuce

BLT

bacon, lettuce, tomato, house mayo

Buffalo Chicken

chicken, mozzarella cheese, buffalo sauce, tomato, ranch dressing, lettuce, on tortilla toasted

Chick-a-Boom

chicken, cheddar jack cheese, mushrooms, roasted red peppers, horsey sauce

Chicken Caesar

chicken, parmesan cheese, croutons, caesar dressing, lettuce

Chicken Pesto

chicken, mozzarella cheese, roasted red peppers, tomato, pesto mayo

Cowboy

chicken, cheddar jack cheese, black beans, bacon, BBQ sauce, tomato, ranch dressing

Honey Mustard

chicken, tomato, honey mustard sauce, lettuce

Mediterranean

chicken, cucumbers, black olives, red onion, feta cheese, tomato, greek dressing, spinach

Sesame

chicken, sesame dressing, almonds, wontons, sesame seeds, tomato, cucumbers, lettuce, on tortilla toasted

Southwest

chicken, cheddar jack cheese, black beans, seasoning, tomato, sour cream, lettuce

Tomato Mozz

chicken, mozzarella cheese, tomato salad, house mayo, lettuce

Turkey Avocado

turkey, avocado, cucumber, tomato, honey mustard sauce, lettuce

Turkey Bacon

turkey, bacon, tomato, house mayo, lettuce

Turkey Swiss

turkey, swiss cheese, tomato, honey mustard, ranch dressing, lettuce

Chicken Salad

chicken salad, bacon, tomato, lettuce

Tuna Salad

tuna salad, tomato, lettuce

Hummus

hummus, cucumber, tomato, ranch dressing, lettuce

Spicy Hummus

hummus, cucumbers, mushrooms, roasted red peppers, crushed red peppers, balsamic, tomato, lettuce

Veggie

cream cheese, black pepper, cucumber, roasted red peppers, spring onion, tomato, ranch dressing, lettuce

PB & Honey

peanut butter, banana, cinnamon, granola, honey, on tortilla toasted

FOR THE KIDS

Chicken & Cheese \$4.95

chicken and mozzarella cheese

Chicken Tender \$5.20

chicken tenders, mozzarella cheese, honey mustard

Grilled Cheese. . . . \$4.26

melted cheddar jack cheese in a wrap, toasted

PB & J \$4.26

creamy peanut butter & jelly

PB & Fluff \$4.26

creamy peanut butter & marshmallow fluff (add bananas +\$0.50)

Turkey & Cheese \$4.95

turkey and cheddar jack cheese

*now available: **GLUTEN-FREE WRAPS. . \$1.00**

Whole Wheat Tortilla. . \$0.50

SMOOTHIES

tropical \$5.35

Colada

banana, coconut, pineapple juice, vanilla yogurt, pineapples

Guava Goodness

banana, guava juice, raspberry sherbet, mangos

Peachy Pineapple

banana, pineapple juice, pineapple sherbet, peaches

Peach Pleasure

banana, guava juice, pineapple sherbet, peaches

Tropical Treat

coconut, guava juice, orange sherbet, mangos, peaches, chocolate stripe

fruit & creamy \$5.35

Blue Banana

banana, apple juice, vanilla yogurt, blueberries

'Merica

strawberry juice, vanilla yogurt, pineapple, strawberries, blueberries

Spartan Berry

strawberry juice, vanilla yogurt, raspberry sherbet, strawberries, watermelon

Straw-Banana

banana, strawberry juice, vanilla yogurt, strawberries

fruity \$5.35

Mango Razz

banana, apple juice, orange sherbet, raspberries, mangos

Peachy Berry

banana, strawberry juice, raspberry juice, raspberry sherbet, peaches, strawberries

Raspberry Rapture

banana, raspberry juice, raspberry sherbet, raspberries

Very Berry

banana, raspberry juice, orange sherbet, strawberries, raspberries, blueberries